



Headteacher: **Mr C Watkins**

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Dear Year 4 parents and carers,

PSHE Summer 2

Below is an outline of the objectives that will be covered next half term in the 'Changing Me' topic which is part of our PSHE curriculum.

- Unique me - Understanding that some of our personal characteristics have come from our birth parents – this happens as we are made from the joining of their egg and sperm.
- Having a baby - Labelling the internal and external parts of male and female bodies necessary for making a baby.
- Girls and puberty - How girls' bodies change in order to have babies when an adult- with menstruation being a natural part of this.
- Circles of change - know how the circle of change works and apply it to changes I want to make in my life.
- Accepting change - Identifying changes that have been and may continue to be outside of our control.
- Looking ahead- Things to look forward to when moving into Year 5.

Please note, the highlighted lesson is part of our sex education curriculum. Parents/carers have the option to withdraw their child from this session and we would require a letter to do this. As a school, we would encourage you to allow your child to be part of this lesson to ensure they have the correct, factual knowledge. All other lessons are compulsory as they are either in our PSHE or science curriculum.

If you would like to discuss this in more detail, please contact me via the school office.

Kind regards

Mr Carl Watkins

Headteacher

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